

SACHDEVA GLOBAL SCHOOL

ACTIVITY PLANNER - JULY - 2014

CLASSES : III - V

THEME : TECHNOTRONICS

MON

TUES

WED

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FRI

SAT

SUN

1

English - Act Me
Out - Verbs
(Class V)

2

Heats for Inter
House Athletics

कहानी वाचन
(Class III)

3

Science - Let us
Know More About
Diseases !
(Class IV)

4

Assembly :
Doctor's Day
(Class X B)

Computer Activity
- Draw a Scenery
in Tux Paint
(Class III)

5

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French -
Presentation of
Verb 'etre'
(Class V)

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शब्दकोश निर्माण
(Class V)

9

Social Science -
Project - Keeping
in Touch
(Class V)

10

English - Nouns -
Sorting &
Differentiating
(Class IV)

11

Assembly : World
Population Day
(Class VIIIA)

प्रोजेक्ट-संज्ञा
(Class IV)

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EVS - Collage Making - Means of Communication (Class III)

15

Social Science - Collage - Our National Symbols (Class IV)

16

Math - Making Angles by Paper Folding (Class V)

17

Computers - Project - Classification of Computers (Class V)

18

Assembly : Nelson Mandela International Day (Class VIII B)

19

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English - Movie Review - Mowgli (Class V)

22

नारा लेखन – बिजली बचाओ (Class V)

23

Inter House Skating Competition
Science - Slogan Writing - Resources (Class V)

24

Computers - Draw Picture of Birds in Tux Paint (Class IV)

25

Assembly : World Hepatitis Day (Class VII A)

English - Looking Out of the Window - Speaking Activity (Class III)

26

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MON**28**

Math - To Make
Different
Designs Using
Tangrams
(Class III)

TUES**29****ID - UL-FITR****WED****30**

English - Vocabulary
Building
(Class IV)

Inter House Poster
Making Competition
(Classes III - V)

THUR**31**

Math - Formation
of Roman
Numbers Using
Matchsticks
(Class IV)

FRI**SAT****SUN**

CO - CURRICULAR ACTIVITIES

VOCAL MUSIC

1. 4 BASIC ALANKAARS
2. SARASWATI VANDANA
3. BASIC TAAL (TEEN TAAL)

INDIAN DANCE

1. FOLK DANCE - MARATHI
2. REVISION OF PREVIOUSLY DONE KATHAK STEPS

WESTERN DANCE

1. WORK ON TWINS, SPLITS, LANDING AND TAKE OFF
2. STRETCHING EXERCISES FOR FLEXIBILITY OF BODY
3. STEPS OF CONTEMPORARY DANCE ON WESTERN BEATS

AEROBICS

1. 5 BASIC BODY MOVEMENTS
2. ADVANCE AEROBICS STEPS : 'V' SHAPE & 'L' SHAPE

YOGA

1. REVISION OF ALL PREVIOUS ASANAS LIKE PADMASANA, VARASANA, MAKARASANA, MANDUKASANA, DHANURASANA ETC.
2. DEEP BREATHING AND NORMAL BREATHING
3. SELECTIONS FOR INTERHOUSE YOGA COMPETITION
4. CHANTING OF 'OM'

SKATING

BASIC ROLLER SKATING POSTURES, CROSSING, RACING SKILLS AND STARTS

SPORTS

TABLE TENNIS - SERVICE
HEATS FOR ATHLETICS, SKATING